

Head Teacher: Jane Reason

4th February 2022

Dear Parents/Carers,

You will have received the Personal Social Health Relationships and Sex Education policy, which is currently open for consultation. An overview of what will be offered at The Albany School, over an academic year follows, to give you a wider understanding of the teaching your child will receive, during these lessons.

Autumn Term - Equality and Diversity and Health Education

Topics covered: British Values, Cultural Identity, Rights and Responsibilities, Healthy Lifestyle, Wellbeing, Food Groups.

Spring Term - Sex and Relationships and Social Issues

Topics covered: Positive Relationships, Reproduction, Contraception, STI's, Bullying, Internet Safety, Resolving Conflict

Summer Term – Drug Education and Financial Education

Topics covered: Alcohol Awareness, Dangers of Smoking, Legal and Illegal Drugs, Peer Pressure, Income and Expenditure

Throughout these lessons your child will gain a broad knowledge of the topic, appropriate to their age and ability. Helping them in the future, to navigate real life situations and have a better knowledge and understanding of the world around them.

If you would like to discuss this further or have any questions, please contact The Albany School and I will be happy to speak to you about it.

Kind regards

Pauline Bird (PSHE Lead)